

सामाजिक न्याय  
और अधिकारिता

INDIA | MINISTRY OF  
SOCIAL JUSTICE &



मंत्रालय

EMPOWERMENT



दिव्यांगजन सशक्तिकरण विभाग

# Department of Empowerment of Persons with Disabilities

सत्यमेव जयते

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## Other Helpline

Disability Helpline & Nayi Disha Helpline for intellectual Disability

| Sl. No. | Name of the Helpline                            | Number     |
|---------|---|------------|
| 1       | Disability Helpline                             | 9415578606 |
| 2       | Nayi Disha Helpline for intellectual Disability | 8448448996 |

### HELPLINE NUMBERS FOR PwDs Mental Health Support

| Sl. No. | Name of the Helpline                            | Number       | Purpose/ Target group                  |
|---------|---|--------------|--|
| 1       | Tele-Manas                                      | 14416        | Mental health support                  |
| 2       | Psycho-social, First-aid & counselling helpline | 8448-8448-45 | Mental health support                  |
| 3       | KIRAN   | 1800-5990019 | Mental health support & rehabilitation |
| 4       | National Institute of                           | 080-46110007 | provides medical                       |

|    |  |                  |  |
|----|--|------------------|--|
|    | National Institute of Mental Health and Neurosciences (NIMHANS) Helpline         | 080-46110007     | provides medical advice, counseling, and rehabilitation.                           |
| 5  | Vandrevala Foundation crisis intervention helpline                               | 91 9999 666 555  | Mental Health support ,<br>Counselling   |
| 6  | One Life   | 78930-78930      | Suicide Prevention &<br>Crisis support   |
| 7  | Jeevan Aastha Helpline, Suicide Prevention and Mental Health Counseling Helpline | 1800 233 3330    | Mental health support, suicide prevention  |
| 8  | Aasra  | 9820466728       | NGO named Aasra provides emotional support & counselling                           |
| 9  | Prana Lifeline   | 1800 121 2023040 | Suicide Prevention & Crisis support provided by a counselling center in Coimbatore |
| 10 | i CALL   | 022-25521111     | TISS Helpline, Provides psycho social support                                      |
| 11 | Helpline by Lifeline   | 9088030303       | Psycho social support  |
| 12 | Voice That Cares   | 8448-8448-45     | Mental health support service  |
| 13 | Connecting Trust, Every Life Counts  | 9922004305       | assistance with mental health concerns, crisis intervention,                       |
| 14 | Parivarthan Counselling Helpline   | 91 7676602602    | Counselling  |

|    |                               |                                      |  |
|----|-------------------------------|--------------------------------------|--|
| 15 | Muktaa Mental health Helpline | 788-788-9882                         | Mental health support                                    |
| 16 | Mann Talks                    | 91 8686 139 139                      | Counselling support                                      |
| 17 | Helpline by Aastha            | 011 46625150 & 9560874098 (Whatsapp) | Cross- disability Helpline number by Aastha NGO – Delhi. |

## HELPLINE NUMBERS FOR PwDs For Persons with Hearing Impairment

| Sl. No. | Name of the Helpline                          | Number     | Purpose/ Target group                         |
|---------|---|------------|---|
| 1       | Video Relay Service through Whatsapp (ISLRTC) | 8929667579 | Video call support to HI persons in emergency |
| 2       | Callsign                                      | 8657980725 | Helpline for HI (Mumbai)                      |
| 3       | SignAble (App)                                | 9567522384 | Helpline App for HI (Banglore)                |

## HELPLINE NUMBERS FOR PwDs For Persons with Visual Impairment

| Sl. No. | Name of the Helpline | Number       | Purpose/ Target group   |
|---------|----------------------|--------------|---|
| 1       | NAB India            | 61850999     | Assistance to visually impaired individuals, including rehabilitation, education, skill development, and employment assistance. |
| 2       | Saksham Disability   | 011-42411015 | For Visually impaired with respect to aids and appliances and training-related.   |

|   |                               |               |  |
|---|-------------------------------|---------------|--|
| 3 | Eyeway National Helpline      | 1800-53-20469 | Education, employment, assistive technology, legal rights, and rehabilitation for individuals with visual impairments. |
| 4 | Helpline by Sightsavers India | 1800-419-6250 | Assistance in eye health, education, and social inclusion for the blind.   |
| 5 | NIVH                          | 1352744491    | For VI   |

## HELPLINE NUMBERS FOR PwDs Employability / Skill training

| Sl. No. | Name of the Helpline      | Number       | Purpose/ Target group  |
|---------|---------------------------|--------------|--|
| 1       | Youth 4Jobs               | 7714815974   | Helpline for Jobs for PwDs, Pan India.   |
| 2       | Enable India              | 080-67323636 | Assists with employment, skill training, and job placement   |
| 3       | Dream foundation Helpline | 8985429213   | Skilling job placement for PwDs in Tirupati  |
| 4       | NHFDC toll free helpline  | 1800-11-4515 | Information on loan schemes, skill training,   |
| 5       | e-Shram Helpline          | 14434        | Targeting unorganized workers, including those with disabilities, it assists with e-Shram card registration, employment, and social security benefits. |
| 6       | Employment wing           | 9839675544   | Employment wing provided by Ability Foundation NGO based in Tamil Nadu. Provides assistance in Pan India.  |

## HELPLINE NUMBERS FOR PwDs Education

| Sl. No. | Name of the Helpline          | Number       | Purpose/ Target group   |
|---------|-------------------------------|--------------|---|
| 1       | School at Home                | 011-41212300 | Telephonic school at home – class 1st to 12th , General Knowledge, New, Current affairs, School results, online discussion, co-curricular programmes. |
| 2       | Helpline by Samarthanam Trust | 080-68333999 | Support related to Education, Health & Rehabilitation by Samarthanam Trust for the Disabled, Banglore   |

## HELPLINE NUMBERS FOR PwDs Other categories

| Sl. No. | Name of the Helpline                           | Number        | Purpose/ Target group   |
|---------|--|---------------|---|
| 1       | All India Institute of Medical Sciences        | 1800-11-7776  | 24/7 toll-free helpline for understanding and identifying symptoms of autistic disorder in children |
| 2       | ALIMCO Toll Free Helpline                      | 1800-180-5129 | Toll-free helpline for information on aids and assistive devices                                    |
| 3       | Ezy Move                                       | 9029090880    | Provides Wheelchair-taxi services in Mumbai.  |
| 4       | National Helpline for Leprosy and Tuberculosis | 1800-11-6666  | Provides information, counselling and   |

|    |                                      |               |  |
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|    | Leprosy and tuberculosis             |               | counseling, and referral services for leprosy patients and leprosy-cured persons.                                |
| 5  | NIEPID                               | 1800-572-6422 | General assistance related to National Institutes and CRCs   |
| 6  | NIEPMD                               | 1800-425-0345 | support services, rehabilitation, early intervention, and counseling for individuals with multiple disabilities. |
| 7  | Maya Care Foundation                 | 1800 572 1343 | Support to the elderly ones who have managed to overcome disabilities.   |
| 8  | Pukar Foundation Helpline            | 9663896669    | Distress crisis management by Pukar Foundation, Bangalore.   |
| 9  | Helpline Aks                         | 8793088814    | Helpline by Aks foundation for any abuse or domestic violence  |
| 10 | Viklang Sahara Samiti Helpline Delhi | 9899615733    | UDID related services, policy /scheme information, any legal assistance.   |
| 11 | Helpline for medicines               | 8010330000    | Delivery of medicines for PwDs at doorstep in Delhi  |

## State-wise Helpline numbers for PwDs

| Sl. No. | State | Number | Name of the Helpline |
|---------|-------|--------|----------------------|
|---------|-------|--------|----------------------|

|   |                    |                                |                                  |
|---|--------------------|--------------------------------|----------------------------------|
| 1 | Kerala             | 1800 120 1001                  | Anuyatra help desk               |
| 2 | Tamil Nadu         | 18004250111                    | Chennai Helpline number          |
| 3 | Rajasthan          | 1800-180-6127                  | Jan Soochna Helpline             |
| 4 | Andama and Nicobar | 9531940872 (call and whatsapp) | Directorate of Social Welfare    |
| 5 | Gujarat            | 1800-233-3330                  | Jeevan Astha (Gujarat Police)    |
| 6 | Telangana          | 1800-572-8980                  | Telegana State Helpline for PwDs |

## General Helpline numbers for PwDs non-PwDs

| Sl. No. | Name of the Helpline                         | Number       | Purpose/ Target group  |
|---------|--|--------------|--|
| 1       | Women's Helpline                             | 181          | 24/7 helpline for women in distress  |
| 2       | Child Line                                   | 1098         | 24/7 helpline for children in distress or at risk  |
| 3       | National Commission for Women (NCW) Helpline | 7827170170   | addresses grievances related to women's rights and complaints of harassment or violence. |
| 4       | National Helpline for Deaddiction            | 1800 11 0031 | De-addiction   |
| 5       | National Emergency Number                    | 112          | A unified emergency number for police, fire, and ambulance services across India.        |
| 6       | Elderly Helpline                             | 14567        | health services, legal   |

|    |  |               |  |
|----|--|---------------|--|
|    |  |               | aid, and protection from abuse and rescue.   |
| 7  | National Anti-Ragging Helpline               | 1800-180-5522 | Supports students facing harassment or ragging in educational institutions, offering immediate intervention and support. |
| 8  | Railway Helpline                             | 139           | Provides assistance with railway services, including ticket booking, train schedules, and complaints.                    |
| 9  | Indian Red Cross Society Blood Bank Helpline | 1910          | emergency assistance.  |
| 10 | Disaster Mangement Helpline                  | 1078          | emergencies in natural disasters and rescue operations   |
| 11 | Fire services                                | 101           | fire emergency services  |
| 12 | National Health Mission (NHM) Helpline       | 104           | Health related assistance  |
| 13 | Cyber Crime Helpline                         | 155260        | cybercrime such as online fraud, cyberbullying, hacking, or identity theft.  |
| 14 | PM-Kisan Helpline                            | 155261        | Support for farmers regarding the PM-Kisan income support scheme   |
| 15 | Ayushman Bharat Jan Arogya Helpline          | 14555         | Provides support for healthcare services and health insurance  |

|    |                    |               |  |
|----|--------------------|---------------|--|
|    |                    |               | and health insurance queries or to report any fraud or abuse matters.  |
| 16 | PM Jan Dhan Yojana | 1800-180-1111 | Provides financial assistance, including banking, savings, insurance, and credit access to the unbanked population of India. |

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