

## Future Horizons, Inc.

### Possible Books for Indian Distribution

**Title:** **The Social Skills Picture Book for High School and Beyond**

**Author and pages:** Jed Baker, 177 p.



Winner of an iParenting Media Award, this picture book appeals to the visual strengths of students on the autism spectrum, with color photos of students demonstrating various social skills in the correct (and sometimes incorrect) way. The skills depicted are meant to be read, role-played, corrected when necessary, role-played some more and, finally, to be practiced by the student in real-life social situations. “Thought bubbles” show what people are thinking during these interactions (not always what you hoped!). Practical, engaging, and down-to-earth, this is a valuable tool to help teens navigate the often-mysterious rules of social conduct in everyday situations.

**Title:** **The Social Skills Picture Book: Teaching Play, Emotion, and Communication to Children with Autism**

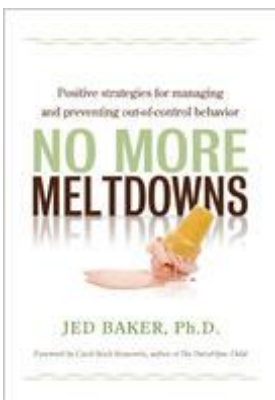
**Author and pages:** Jed Baker, 225 p.



Winner of an iParenting Media Award, this book uses photographs of students engaging in a variety of real-life social situations. The realistic format plays to the visual strengths of children with ASD to teach appropriate social behaviors. Color photographs illustrate the “right way” and “wrong way” to approach each situation—and the positive/negative consequences of each. A facilitator—parent, teacher, etc.—is initially needed to explain each situation, and ask questions such as “What is happening here?” Children role-play skills until confident enough to practice them in real-life interactions.

**Title:** **No More Meltdowns - Positive Strategies for Managing and Preventing Out-Of-Control Behavior**

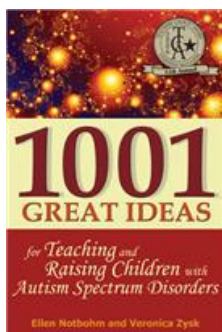
**Author and pages:** Jed Baker, 150 p.



It could happen at the grocery store. At a restaurant. At school. At home. Meltdowns are stressful for both child and adult, but Dr. Baker can help! Author of the award-winning Social Skills Picture Book series, Dr. Jed Baker offers parents and teachers strategies for preventing and managing meltdowns. His 20+ years of experience working with children on the autism spectrum, combined with his personal experiences raising his own children, have yielded time-tested strategies, and results! Dr. Baker offers an easy-to-follow, 4-step model that will improve your everyday relationships with the children in your life: 1) Managing your own emotions by adjusting your expectations, 2) Learning strategies to calm a meltdown in the moment, 3) Understanding why a meltdown occurs, and 4) Creating plans to prevent future meltdowns.

**Title:** **1001 Great Ideas for Teaching and Raising Children with Autism Spectrum Disorders**

**Author and pages:** Ellen Notbohm and Veronica Zysk, 239 p.



Winner of a 2006 Teachers' Choice Award! Parents and professionals can now bypass countless hours spent seeking answers to the mystifying day-to-day challenges of autism. In a snappy, can-do format, this book offers page after page of try-it-now solutions that have worked for thousands of children grappling with sensory, communication, social, behavioral, and self-care issues. Not only does it provide ideas and activities that can be put into action immediately, but it also explains WHY these methods work so that adults can better understand the children they are working with. This book is a time-saver and a life-saver!

**Title:** **Ten Things Every Child with Autism Wishes You Knew**

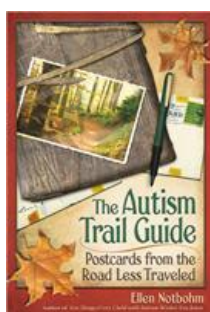
**Author and pages:** Ellen Notbohm, 143 p.



Winner of an iParenting Media Award and Honorable Mention in the 2005 ForeWord Book of the Year Awards! Every parent, teacher, social worker, therapist, and physician should have this succinct and informative book in their back pocket. Framed with both humor and compassion, the book defines the top ten characteristics that illuminate the minds and hearts of children with autism. Ellen's personal experiences as a parent, an autism columnist, and a contributor to numerous parenting magazines coalesce to create a guide for all who come in contact with a child on the autism spectrum. Don't buy just one of this book—buy one for everyone who interacts with your child! Give the gift of understanding.

**Title:** **The Autism Trailguide**

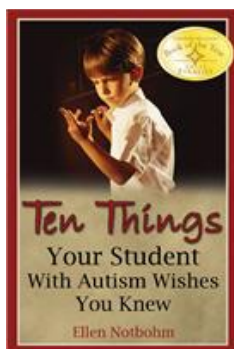
**Author and pages:** Ellen Notbohm, 204 p.



"Do not go where the path may lead, go instead where there is no path and leave a trail." —Ralph Waldo Emerson. Ellen Notbohm's child-centered approach to autism is already having immeasurable effects on the autism community through her books *Ten Things Every Child with Autism Wishes You Knew*, *1001 Great Ideas for Teaching and Raising Children with Autism Spectrum Disorders*, and *Ten Things Your Student with Autism Wishes You Knew*. A cohesive compilation of her best articles, *The Autism Trail Guide: Postcards from the Road Less Traveled* will help parents of children with autism take on everyday challenges while celebrating what their children bring to their world. Ellen offers advice on concrete issues such as math homework, video games, and tricky behavior, and also tackles the more abstract concepts of parenting: trusting parental instincts, when to take risks, how to hang on, and when to let go.

**Title:** **Ten Things Your Student With Autism Wishes You Knew**

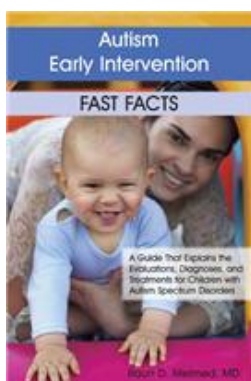
**Author and pages:** Ellen Notbohm, 152 p.



Winner of an iParenting Media Award and Finalist in the 2006 ForeWord Book of the Year Awards! Ellen Notbohm's first book, *Ten Things Every Child with Autism Wishes You Knew*, was a shot heard throughout the worldwide autism community. Now, for the teacher in all of us comes *Ten Things Your Student with Autism Wishes You Knew*. The unique perspective of a child's voice is back to help us understand the thinking patterns that guide their actions, shape an environment conducive to their learning style, and communicate with them in meaningful ways. This book affirms that autism imposes no inherent upper limits on achievement, that both teacher and child "can do it." It's the game plan every educator, parent, or family member needs to make the most of every "teaching moment" in the life of these children we love.

**Title:** **Autism Early Intervention: Fast Facts**

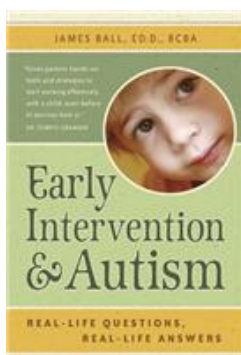
**Author and pages:** Raun D. Melmed, 100 p.



Parents who find out their child might have autism are overwhelmed with doctors, therapists, and information all at once. It can be difficult for these parents to find the answers they need in a sea of resources, especially for a parent who is not familiar with autism terminology and treatments. This little book is the perfect way to get acquainted with autism and early intervention strategies. It answers questions such as: What is autism? What are the signs of autism? Who is involved in my child's evaluation? What should I expect at the time of diagnosis? What are the goals of early intervention? How do I choose which treatments are right for my child? In addition to Dr. Melmed's compassionate yet practical advice, this book offers easy-to-read charts, a glossary of autism terms, and a comprehensive, annotated list of resources.

**Title:** **Early Intervention & Autism: Real-Life Questions, Real-Life Answers**

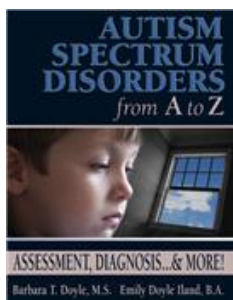
**Author and pages:** James Ball, 424 p.



Leave behind confusing textbooks and unreliable websites. This book will guide you through your child's early years by providing sound advice based on over twenty years of experience. In an easy-to-read, question-answer format, Dr. Jim explains what makes your child tick, how to get the most out of early intervention services, and how to choose the most effective treatment options. Helpful features include: 10 Common Myths about Children with ASD, 7 Effective Teaching Strategies, 10 Behavior Rules to Live By, and Must-have EI Goals and Objectives for Children with ASD. In a special how-to section in the book, Dr. Jim walks you through a typical day in the life of a young child with autism, from the time the child wakes up to the time he goes to bed. You will learn what to do (and not do), what to say (and not say), and how to use the strategies outlined in the book to teach your child new skills, manage behavior, and have fun while learning! No matter what your level of "autism expertise," this is your game plan to start working with your child RIGHT AWAY!

**Title:** **Autism Spectrum Disorders from A to Z**

**Author and pages:** Barbara Doyle and Emily Iland, 486 p.



This extremely comprehensive book goes step-by-step through the symptoms, definitions, assessments, and diagnoses of autism spectrum disorders (ASDs). The authors describe ASDs in terms of the parents, teachers, the school system, medical professionals, adult service providers, and private agencies involved. In addition to revealing what parents and professional can expect, this book also provides practical strategies to improve the assessment process and help the child or adult deal with the stress of the evaluations. Finally, they tackle the controversial issues surrounding the causes of ASD and available treatment options.

**Title:** **Understanding Asperger's Syndrome: Fast Facts**

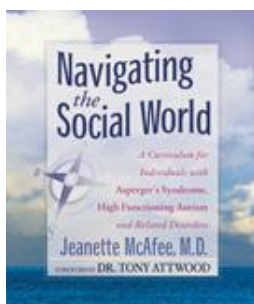
**Author and pages:** Emily Burrows and Sheila Wagner, 34 p.



The purpose of this guide is to help educators (teachers and administrators) become acquainted with identifying and meeting the needs of the student with Asperger's Syndrome. Public school, while often difficult for typical students, can be a nightmare for those students with Asperger's Syndrome. Without information and training in this disability, teachers face confusion and frustration in light of the unusual behaviors and lack of social skills. Without training, students with Asperger's Syndrome are misidentified and often blamed for behaviors that are a direct result of their disability. It is hoped that this guide will lead teachers to a better understanding of Asperger's Syndrome and help the students with AS have a richer, more enjoyable educational experience.

**Title:** **Navigating the Social World : A Curriculum for Individuals with Asperger's Syndrome, High-Functioning Autism & Related Disorders**

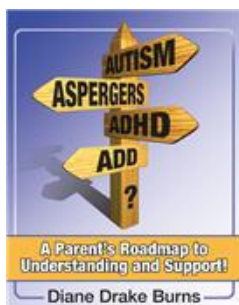
**Author and pages:** Jeanette McAfee, 387 p.



Pediatrician Jeanie McAfee originally created this user-friendly social curriculum for her daughter Rachel, who was diagnosed with Asperger's at age ten. Since then, it has become a staple for parents and educators. It addresses the most urgent problems facing those with Asperger's Syndrome, high-functioning autism, and related disorders. Dr. McAfee covers how to increase communication skills, recognize and cope with emotions, recognize and prevent stress, develop abstract thinking skills, address behavioral problems, and much more. Tasks are broken down into small steps, repeated until they are mastered, then generalized. Helpful handouts, templates, and forms will help keep teachers and learners on track.

**Title:** **Autism, Aspergers, ADHD, ADD A Parent's Roadmap to Understanding and Support**

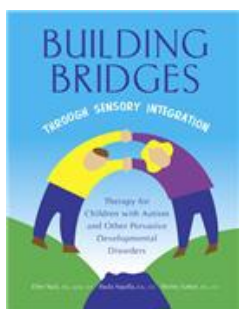
**Author and pages:** Diane Drake Burns, 166 p.



Suspect there's something "different" about your child? This book will help you navigate those early stages of your child's life when a diagnosis is nowhere in sight. Not knowing how to help your child can leave you totally frustrated, or frightened into inaction by a vision of what may lie ahead. Written by a mother who understands (At first, she tried with all her might to avoid her son's diagnosis!), this book humorously and gently prods parents into action, beginning with the chapters "Was That the Exit to Normal?" and "Rules of the Road," and then getting to the nitty gritty in "Labels - You Gotta Love 'Em" and "To School or Not to School."

**Title:** **Building Bridges Through Sensory Integration: Therapy for Children with Autism and Other Pervasive Developmental Disorders (2ndEd)**

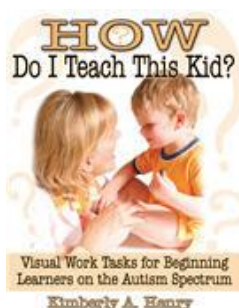
**Author and pages:** Paula Aquilla, Shirley Sutton, and Ellen Yack, 208 p.



Written by three experienced occupational therapists, this book offers a combination of theory and strategies. It is a perfect tool for those working with young children, but also broad enough to be adapted for older children and adults. Building Bridges provides creative techniques and useful tips while offering innovative strategies and practical advice for dealing with everyday challenges, including managing behaviors, improving muscle tone, developing social skills, selecting diets, and more. Part one explains the role of the occupational therapists in treatment and examines sensory integration theories. Part two offers methods of identifying sensory problems in children along with numerous strategies and activities.

**Title:** **How do I Teach this Kid?: Visual Work Tasks for Beginning Learners on the Autism Spectrum**

**Author and pages:** Kimberly Henry, 139 p.



First Runner-Up in the 2006 Writer's Notes Book Awards, this book utilizes the strengths of children with ASD to help them develop new skills. Tasks are visually oriented, consistent; expectations are clear. Children learn motor, matching, sorting, reading, writing, and math skills using easy-to-make "task boxes." Tasks include pushing items through a small openings (children love the "resistance" it takes to push them through); matching simple, identical pictures or words; sorting objects by color, size, or shape. Ideas are plentiful, materials colorful, and children love the repetitive nature of the "tasks," which help them learn to work independently! Sample data sheets are included.

## Possible Speakers for New Delhi Conference/Workshop

### Tony Attwood

A clinical psychologist from Brisbane, Australia, Dr. Tony Attwood has over thirty years of experience with individuals with autism, Asperger's Syndrome, and Pervasive Developmental Disorder (PDD). He has worked with several thousand individuals, from infants to octogenarians, from profoundly disabled persons to university professors. Dr. Attwood works in private practice in Brisbane, but is also adjunct professor at Griffith University, Queensland. He presents workshops and training courses for parents, professionals, and individuals with autism all over the world. In addition, he is a prolific author of scientific papers and books. His books and videos on Asperger's Syndrome and high-functioning autism are recognized as the best offerings in the field. Over 300,000 of his book *Asperger's Syndrome: A Guide for Parents and Professionals* have been sold, and it has been translated into twenty languages.

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### Jed Baker

Having earned his MA and Ph.D. in clinical psychology from the University of Albany, Dr. Jed Baker is a behavioral consultant for several New Jersey school districts where, nearly two decades ago, he organized a group to help children with social communication problems. That group expanded and ultimately became the Social Skills Training Project under Dr. Baker's directorship. Dr. Baker also presents lectures all over the world on social skills training, and is on the board of directors of the Asperger's Syndrome Education Network, Inc. (ASPEN). His work has been featured on ABC News and Nightline.

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### Temple Grandin

As a child, Temple Grandin could not speak. Her silent existence was broken only by rhythmic rocking and occasional fits of screaming and thrashing. Diagnosed with autism, Temple's many caregivers eventually helped her contradict her doctors' morbid predictions and go on to become one of the autism community's most beloved success stories. Temple Grandin, PhD, is a popular international lecturer on autism and the author of *Emergence: Labeled Autistic*, *Thinking in Pictures*, *Animals in Translation*, and *Unwritten Rules of Social Relationships*. One of the world's leading experts in livestock facility design, over half of the cattle in North America are handled in facilities designed by her. She credits her visual thinking and her systemizing mind, both characteristics of autism, for her ability to be "the woman who thinks like a cow." Temple continues to be an inspiration and role model to millions.

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### Carol Gray

Carol Gray has over twenty years of experience educating students with Autism Spectrum Disorders (ASD). Carol initiated the use of Social Stories in 1991 and has written numerous articles, chapters, and books on the subject. She is a sought-after speaker in the United States and abroad. Carol is the director of The Gray Center for Social Learning and Understanding, a non-profit organization that serves people with ASD, and currently works privately with students, parents, and professionals in a variety of educational and vocational settings.

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### Carol Kranowitz

Carol Kranowitz, MA, has been a preschool teacher for more than twenty-five years. She has developed an innovative program to screen young children for Sensory Processing Disorder, and writes and speaks regularly about the subject. She has an M.A. in Education and Human Development. She is the author of the bestselling book *The Out-of-Sync Child*, *The Out-of-Sync Child Has Fun*, and other excellent resources.

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### Jeanette McAfee

Dr. Jeanie McAfee was born and raised in the Los Angeles area, and received her B.S. and medical degrees from the University of California at Davis. After completing an internship in pediatrics at Children's Hospital, Oakland, she spent several years providing general pediatric care to underserved children, and three years working with children of U.S. servicemen in Germany. When Jeanie's daughter Rachel was diagnosed with high-functioning autism (HFA) at the age of ten, Jeanie believed she would finally be able to find an appropriate treatment program for her. However, after doing extensive research on autism and Asperger's Syndrome, she soon discovered that it was difficult to find an existing program that would address Rachel's special needs while maximizing her unique combination of strengths. This is what motivated Jeanie to write *Navigating the Social World*. Combining her medical background as a pediatrician with her understanding of her daughter's specific needs, Jeanie developed one of the most effective social curricula ever created. She strongly believes that the more parents and educators work together to share ideas and experiences, the better we will be able to help our students, clients, and loved ones with Asperger's Syndrome, high-functioning autism and related disorders to live happier and more productive lives.

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